



COLONY NEWS

A Weekly Newsletter for Members and Staff of Meredith Bay Colony Club

#26

March 11, 2011

MBCC LECTURE SERIES WELCOMES RUSTY MCLEAR!



This past Wednesday we were fortunate to welcome Mr. Edward 'Rusty' McLEAR as our Guest Speaker. Rusty is known as Meredith's Entrepreneur, Developer and InnKeeper who has been instrumental in the revitalization of Meredith including Mills Falls Marketplace, The Inn at Mills Falls, Bay Point, and most recently Church Landing. In addition to sharing his story of how all these wonderful projects came into being – Rusty also shared with the full house that was assembled – some plans for the

future. Special thanks to Jean Stephens (photo above) for making all the arrangements!

DONATIONS OF LARGE PRINT BOOKS WANTED!!!

Would you like to free up some space on those bookshelves? History and Biography titles in Large Print are especially in demand. We have a great Library and want to make it better all the time! Just give us a call at 279-1500.



SNOW-B-GONE CONTEST.....



Don't forget to make your predictions by Wednesday! There is a sign up sheet at Naella's desk --- yes, this is a change from what I told you last week! At MBCC we are not afraid to adapt! The more people who make their guesses --- the sooner Spring will arrive!

A BIG THANK YOU TO STAFF!

Parking spots have been at a premium as the number of Staff has grown and as the number of Member Visitors has increased -- and as a result we needed to ask Staff to park in the more outlying lots. A special thank you to all for making the change! It has made a big difference and our guests and visitors can now find a place to park. We know it has meant walking further and oftentimes in less than ideal weather --- but the change was needed and your help in making it work is very much appreciated!



PLYMOUTH STATE UNIVERSITY BALANCE STUDY PROJECT UPDATE

You are not too old for us! But, yes you can be too old for PSU! Dr. King informs me that because this is a formal research project that PSU has to abide by established protocols and guidelines and unfortunately that means that if you are 80 or older – that you cannot participate. Sorry about that! Please do not assume that it is because they think that you are unbalanced. But if you are 65 to 79 there is still time for you to sign up!

MBCC TRIVIA CONTEST WINNERS!

On Tuesday we all gathered to hear the answers and to recognize the winners of the MBCC WINTER 2011 TRIVIA CONTEST Prizes were awarded by Carolyn in a number of categories that strongly recognized creativity and humor over factual accuracy. I do remember that the first presentation was to recognize the entrant from furthest away and that it was awarded Peter Bonafide who comes to us from Italy! great time was had by all --- A special Thank you to Carolyn Sutcliffe and to all who helped and participated!



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SPRING AHEAD!!!

Don't forget that at 2 AM Sunday Morning that times takes a leap forward by one hour! We lose an hour's sleep but gain daylight in the evening. Before you go to bed on Saturday night be sure to set your clocks ahead!

ON THE RADIO

Each week on Wednesday mornings at 8:30 Aging Well airs on WEZS 1350 AM. Each week brings a new and interesting guest.



This past week we were joined by Charlotte DuBois (on the left) who is the Executive Director of the Laconia Housing Authority along with Michelle Albert who is the Authority's HCV Specialist and who is about ready to open up what used to be known as Section 8 Housing. Charlotte share a great deal of information about the LHA including the launch of their new web site. The LHA was one

of the first housing authorities in the nation to create their own home health agency and become as much as a service agency as they are a housing agency!

PLANNING AHEAD! Two weeks ago we welcomed none other than John Morgenstern who in addition to being Chair of the Gunstock Commission is very involved in personal financial management working for the not-for-profit Woodmen Insurance Group. John gave us all a great introduction into Annuities an why they can make a lot of sense in retirement. You can reach John at 293-2150 or at

JohnCM@metrocast.net



IN MEMORIUM: Mrs. Zita Santarpio

It is with sadness that I report to you that last Sunday that Garden Member Mrs. Zita Santarpio Passed Away. Our Thoughts and our Prayers are especially with her son Ron Santarpio along with her other Family and Friends at this time of loss.

THIS AND THAT.....

THE POOL: Each Member is responsible for his/her guests and to that end a couple of reminders are in order. Babies in diapers may only use the pool if they are outfitted in the diapers that are especially designed for pools. Those with bandages etc. may not use the pool. We want to protect the health and safety of all users and your cooperation is appreciated!

MEMBER DIRECTORY: The first draft is done! A few more photos , a little reformatting and we should be ready by next week!

THE PHOTOS AT NAELLA'S DESK: You can now just go to Facebook and see them in the comfort of your own apartment!

THIS NEWSLETTER IS NOW ON OUR WEBSITE!: This will make it much easier for you share what is going on with your family and friends --- just suggest to them that they go to our website and click on the Newsletter button! A new Laconia Citizen Column is available there as well!

LITTER ALERT: We have a problem with tissues being left in the driveway around/about the drainage grates. Not only is such litter unsightly – it also creates problems for our dogs who are out for walks. Let me know if someone you know needs a kind and gentle reminder.

Don't forget to check our Facebook Page often!

That's it for this week ----- Try to stay dry!

Howie