



# COLONY NEWS

*A Weekly Newsletter for Members and Staff of Meredith Bay Colony Club*

#28

March 25, 2011

## MBCC BOOK CLUB?



Join us to find out more about the possibility of starting our own Book Club. We will be holding an information Meeting on Tuesday April 5<sup>th</sup> at 2p Library Meeting Room. At this meeting we will discuss which day/time is the most convenient along with how you would like the club to function. No previous book club experience needed –

first timers are encouraged to stop in and find out more. Refreshments will be provided! Please call Majorie Maher (279-1567) or Carolyn Sutcliffe (279-1583) if you have any questions or suggestions! Did you know that you don't need to buy the books? With thanks to inter-library loans we can get all the copies that we need!

## MOVIE TONIGHT! 7:30p in the 1<sup>st</sup> FLOOR COMMUNITY ROOM!

**THE MUSIC MAN** ---- Featuring John Wayne and Maureen O'Hara in a film that won not one, but two, Academy Awards!

## **MEMBER DIRECTORY!**

The Member Directory has been distributed --- so if for any reason you did not receive one, please be sure to check with Naella at the front desk. If you see anything that needs changing – please be sure to let me know. The Directory is a work in progress and we want to continuously be making improvements. Special Thanks to Jackie Robie and Lars Rydell for taking the lead in making this possible!

## **ON THE RADIO .....**

Each week on Wednesday mornings at 8:30 Aging Well airs on WEZS 1350 AM. Each week brings a new and interesting guest.



Clare Persson was my guest on Aging Well this past week. Clare is an Occupational Therapist (OT) with the Meredith Public Health Nursing Association (MPHNA). She explained how Nursing Associations have come a long ways and now offer all kinds of rehabilitation services in addition to general visiting nursing services. She particularly encouraged those who are planning on a future hospital stay to call them ahead of time to make pre-arrangements for their discharge from the hospital. You can get in touch with Clare and MPHNA by calling 279-6611.

## **DAILY MENUS ARE NOW ON FACEBOOK!**

Now you see what is for Dinner each day on your computer! Just ask and we will show you how!

## THIS AND THAT.....

**THIS NEWSLETTER IS NOW ON OUR WEBSITE!** This will make it much easier for you share what is going on with your family and friends --- just suggest to them that they go to our website and click on the Newsletter button

**NEW TV STATIONS ARE ON THEIR WAY!** We hope that within the next couple of weeks or so that the needed equipment will be here and that we can be up and running with 10+ new channels!

**IS BERMUDA CALLING YOU?** It's not too late to sign up for the June trip!

## CLOSING NOTES.....

An important part of what makes MBCC so special is how Members are constantly coming up with new and different ideas about what can be done and how it can be done. We have all kinds of new *'initiatives'* being talked about!

I know that not everybody loves the computer – but love it or not – it is here to stay and more and more of our information is going to be easier for you to get from our Facebook Page and from our Web Page. It is worth checking out and we can help --- that is, we can if you will ask!

The Sno-B-Gone Selections are attached ----- We've passed two dates already. Almost all of us are hoping that Ted Conner doesn't win!

On a personal note I proudly announce the arrival of my first grandchild --- Gregory John Lochner, born to my oldest daughter Kellie and her husband last Saturday in Albany NY. Carrie, Josh and I got there about an hour after delivery to welcome the newest member of the family!

That's it for this week -----

*Howie*



# SNOW-B-GONE CONTEST.....



WHO WILL BE THE WINNER?

ANN THOMSEN	MARCH 23 PM
JANE MARETT	MARCH 25 PM
NANCY THOMASON	MARCH 30 AM
ANN THOMSEN	MARCH 30 PM
MARIE SKOWRON	MARCH 30 PM
JOYCE MABEY	MARCH 31 PM
JEAN STEPHENS	MARCH 31 PM
BARBARA CONNER	APRIL 1 PM
ANN THOMSON	APRIL 1 PM
JEAN STEPHENS	APRIL 2 PM
TERRY THOMASON	APRIL 4 AM
MARIE SKOWRON	APRIL 4 PM
JOYCE MAYBE	APRIL 5 AM
LARS RYDELL	APRIL 5 PM
JANE MARRETT	APRIL 5 PM
ROCCO LOPARDO	APRIL 6 AM
JOYCE MABEY	APRIL 7 AM
NANCY THOMASON	APRIL 8 AM
LARS RYDELL	APRIL 10 PM
SUSAN HUMPHREY	APRIL 11 AM
JOHN EATON	APRIL 11 PM
RALPH SKOWRON	APRIL 11 PM
TERRY THOMASON	APRIL 12 AM
JACKIE ROBIE	APRIL 12 PM
LARS RYDELL	APRIL 15 PM
FLOYD HUMPHREY	APRIL 15 PM
CAROLYN SUTCLIFF	APRIL 16 PM
SUSAN HUMPHREY	APRIL 17 AM
JOHN EATON	APRIL 21 PM
JANE MARETT	APRIL 22 AM
JEAN STEPHENS	APRIL 23 PM
TERRY THOMASON	APRIL 24 AM
JACKIE ROBIE	APRIL 24 PM
NANCY THOMASON	APRIL 25 PM
JACKIE ROBIE	APRIL 28 PM
BILL MERRILL	APRIL 28 PM
JOHN EATON	MAY 1 PM
TED CONNOR	JULY 4 PM