



COLONY NEWS

A Weekly Newsletter for Members and Staff of Meredith Bay Colony Club

#32 Easter Edition

April 22, 2011

HOW WE KNOW IT'S SPRING AT MBCC!



At Meredith Bay Colony Club we really know it is spring when the Fountain in the Memory Garden begins to flow again. Located right off the central activity area of The GARDENS, the Memory Garden is a delightful area that makes it possible to go outside unaccompanied but yet still be supervised. We all like to do things on our own and we have structured

everything that we can in The Gardens to help make that possible. Although assistance is always available, people enjoy the freedom of being able to choose to do what they want, when they want along with where they want on their own without assistance. Our goal is to preserve dignity in every way that we can – and part of that is respecting one's right to continue to do as much for themselves as possible. Our philosophy about Memory Support is very straightforward. We focus on what people can do – and not on what they cannot do! We really work at Celebrating the Moments that we have – and there are many!

'EGGCELENT' CRAFT OPPORTUNITY TODAY!



Special Thanks are due to our own Martha Federspiel who led a group of very crafty Members in the almost lost art of Easter Egg Decorating. I will admit that it has been years since I've seen eggs dyed. I was only there for a few minutes but it was clear that a good time was being had by all! The Easter Bunny would be proud!



FASHION SHOW ON WEDNESDAY MAY 4th at 3 PM!

The Women of MBCC will be modeling fashions in The Bistro that have been provided by 'CarMel's Closet' --- Meredith's center for Designer Consignments for Women. Who are these MBCC Models? You will have to attend in order to find out! You won't go hungry because there will be Homemade refreshments along with Tea and Coffee. Admission is Free but Reservations are required in order to guarantee that you will have a seat. Please RSVP to Jean Stephens at 279-8075 or to Carolyn Sutcliffe at 279-1583.

NEWSPAPER DELIVERY UPDATE.....

Your Newspaper Delivery Gal reports that starting this Saturday (tomorrow) that for weekends ONLY – that your newspaper will not be delivered to your door but instead on weekends will be left in the Club Hub Member Store near your cubbie. Weekend editions of papers now are distributed on both Saturdays and Sundays and have become too heavy to bring to your door. The Saturday Daily Sun is delivered at a different time – and if not delivered early enough – it will mean that you will need to pick your copy up in the store as well. During the week it is business as usual!

MAH JONGG NOW IN THE TAVERN!

New Members (including those who would like to learn) are always welcome each Thursday afternoon at 2p and now meeting in The Fireside Tavern.



TRANSISTIONS.....

Eileen Dobbins We learned this morning that Eileen has passed away at the hospital. We are not aware of any funeral arrangements as of this writing. Eileen and her husband George first joined us as Member of the Club and later George and then Eileen moved over to The INN and to The GARDENS. George predeceased her not very long ago.

Elizabeth Kay Has moved to an assisted living facility in Connecticut. Mrs. Kay moved here from Sandwich along with her husband Stuart who joined us in The Gardens with Elizabeth taking Residence at The CLUB. Very shortly after joining us Dr. Kay's health changed for the worse and it was felt best for Mrs. Kay to move closer to them.

Normand Thbodeau I learned from the obituary in the paper this morning that INN Member Norm passed away at LRGH on Wednesday. I visited him in the hospital on Monday and it was clear then that things were not good. Calling Hours will be next Monday at Wilkinson-Beane Funeral Home from 5 to 8p and his funeral will be on Tuesday at 11a at Sacred Heart Church in Laconia.



BOCCE, CROUQUET AND HORSESHOES ARE ALL HERE!



We are always looking for ways to bring people together and lawn games are a great way to take advantage of what we all will be Springlike weather.

Jim and Naella give the Bocce Set a test run outside while Max just grabbed one ball of each color to prove that it can be played inside as well!

We don't know yet where the equipment will be stored and we will

definitely need to ask Peter to teach us the 'real' way that Bocce is to be played. I remember him telling the story of playing Bocce with the US Ambassador to the Vatican John Volpe (also the former Governor of Massachusetts). What I don't remember is where they played..... Special thanks to Peter for suggesting that we get the Bocce set!



NO MOVIE TONIGHT!



ECOLOGICAL OPPORTUNITY..... Part 2

Earlier this week you should have received a notice from Mike relative to changes that we need to make with how we handle our trash. Reading between the lines I am assuming that Waste Management is no longer doing single stream recycling and that we need to sort things for ourselves. If you missed or misplaced your written instructions --- please see Naella for a replacement. The inconvenience for all us is a small price to pay for helping to protect our environment --- and it probably saves us some money in the process.....

Mike has also made it possible for you to safely and conveniently dispose of your old fluorescent bulbs, the electronic ballasts that go with them and any old batteries that you might have. These are all things that should not go into the trash. Regular old fashion incandescent light bulbs can go into the trash through. The recycling center for these items is in the Parking Garage at a spot that I haven't found yet. If getting down to the garage is a problem you are welcome to leave your items at the front desk.

A COMMUNITY THEATRE ADVISORY.....

A week from tomorrow on Saturday April 30th The Winnepesaukee Playhouse presents a staged reading of *"Incident at Vichy"* by Arthur Miller with shows at 2p and 7p at their theatre in the Weirs.



Set in France in 1942 it tells the story of 9 men who are detained by Nazi officials awaiting their interrogation and explore human nature, guilt, fear and complicity. The production is sponsored by Temple B'Nai Israel in Laconia. Discussion will follow and a \$9 donation is suggested. Just to be safe I would encourage you to give them a call ahead of time to make reservations. Their theatre is wonderfully small and 'sell outs' are common! The number: 366-7377

CLOSING NOTES.....

The weeks go flying by!

The photos in the photo frame at Naella's desk have been updated a bit – as have the photos in the Tavern. The same photos are also available to you on Facebook. Please encourage your friends to 'Like' us on Facebook because the more 'Friends' we have the better we can get the word out about what we have to offer.

Best Wishes to You for a very Blessed and Happy Easter!

Howie