



# COLONY NEWS

*A Weekly Newsletter for Members and Staff of Meredith Bay Colony Club*

#33 Mother's Day Edition

May 6, 2011

## NEW HAMPSHIRE MUSIC FESTIVAL

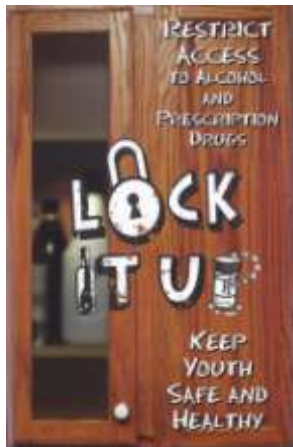


**THURSDAY MAY 12<sup>TH</sup> AT  
4p in the BISTRO!**

This is a great opportunity to meet newly appointed 2011 Music Director Mr. Benjamin Loeb along with Nancy Vaughan, General Manager.

Benjamin Loeb, a native Texan, is an accomplished conductor, accompanist, soloist, arranger, and educator. He has been hailed in El Paso as "a walking genius of unique ideas for making concerts fun to perform and hear, as well as subtly exposing youngsters to the pleasures of good music, [El Paso, Inc.]" while his recent performance with the Greater Bridgeport (CT) Symphony Orchestra as a "double-threat" both playing and conducting Gershwin's Rhapsody in Blue was called "a total triumph that triggered a well-deserved, spontaneous standing ovation. Loeb and the GBS captured every ounce of imagination and emotion Gershwin packed into his ground-breaking musical portrait. [Connecticut Post]"

## LOCK IT UP!



This past Wednesday Jessica Blais was my guest on our Weekly Radio Show and as the Community Prevention Coordinator of the Lakes Region Partnership for Public Health she shared her concern that in 2010 that more New Hampshire people died from prescription drug overdose than in car accidents. Her immediate goal is to keep kids out of the medicine cabinet. One of her goals is for Grandparents to begin locking up their medications if there are ever going to be kids in the house. Jessica says something as simple as an inexpensive lock box will do fine --

- but that hoping that nobody is going to peek in your medicine cabinet – just doesn't work anymore. A related issue is how to dispose of the unused 'old' medicine that we all keep for way too long. Flushing them is no longer an option as it can and does affect our drinking water quality. We are fortunate in that our local police departments are willing to arrange for the proper disposal. Please check with me if you need any specific information for how to empty out your medicine cabinet of those medications that you are never going to use anyways! Jessica left me with a whole bunch of brochures that I will leave in the 'Club Hub' – please help yourself!

## 'THE KING AND I'

**Tonight at 7:30 in the Community Room**



An old favorite that will still get everyone singing. It first came out in 1956 and remains popular to this day!

All are invited to join in watching Yul and Deborah!

# THE MBCC SPRING FASHION SHOW!



A great time was had by all!  
More photos are posted on Facebook! Special Thanks are due to our Member Organizers along with Melanie Roy-Tripp from CarMel's Closet located in DownTown Meredith. And don't forget to thank our Lovely Models who did a fantastic job on our makeshift runway!

## CLOSING NOTES.....

**TV Update:** We should be seeing some of our new channels as early as this time next week. Some involve swapping out channels that we might guess are seldom used (Spanish Language Channel?) and others involve waiting for separate individual receivers to get to be shipped to us – tentatively next week. In all we will gain just under 10 channels. A new directory will be issued as soon as it is all done and we know for sure which channel is going where.

**Dining Survey Update:** The data tabulation is proceeding ---- but a little slower than expected. Naella has been tied up with a very big project that had to be done right away that has not left any time at all. That project is almost complete and will allow her to get back to the Dining Surveys.

**Club Member Book Club Meeting:** The Independent Member Book Club will be meeting Next **Tuesday May 10<sup>th</sup> at 2p** in the Library Parlor.

**Gardening Committee Meeting with Jim:** Next Tuesday at 11a in the Back Porch Room. All who are interested are invited!

**Facebook Now Has Our Calendar!:** If you haven't already just go to our website: [meredithbaycolonyclub.org](http://meredithbaycolonyclub.org) and down at the bottom right you can just click on the Facebook section where you will find all kinds of things. Please click on the 'Like' button when you are there --- it helps us out by letting us know people actually use the site.

And Last but Hardly Least: **Happy Mother's Day!**

*Howie*

