



COLONY NEWS

A Weekly Newsletter for Members and Staff of Meredith Bay Colony Club

#53

September 30, 2011

RUSTY'S RAINY DAY VISIT.....



Yesterday we were entertained by none other than Raconteur and Musical Entertainer Extraordinaire George 'Rusty' Locke! As special as Rusty's performance is the behind the scenes efforts that made his visit possible. This is another wonderful example of a Member conceived, developed and directed event! In this case special thanks are due to Members Martha Federspiel and Jean Stephens (photo below)

who made it all possible --- right down to baking the home-made temptations! I don't want to split too many hairs as to the meaning of words – but it was very strategic that we chose the word 'Member' instead of 'Resident'. There of course is nothing at all wrong with the word 'Resident' – but for me 'Resident' feels much more passive than does 'Member' which for me connotes action and ownership. Jean and Martha are certainly great examples of what being an active Member is all about! Thank You!



TOAST GALORE THANKS TO JOHN & CHRISTINE!



There are those tools and appliances that we would all love to have but cannot justify because they would not be used often enough given their expense. For Kurt the top of his list was a commercial conveyor Toaster and thanks to the thoughtfulness and generosity of John and Christine Dole – we now have one! Thank You John! Thank You Christine!

FITNESS UPDATE.....

Today is the last day that we are allowing personal trainers to work here with non-Member private clients. Members are both welcomed and encouraged to contract with a personal trainer of your choice and to make reservations with us for use of the Fitness Room and/or the Pool. Over the course of October we will also be consolidating the outside group that has used our facilities into Lu-Ann Martin's classes. We want to continue to welcome outside instructors who provide courses that our Members enjoy as a way of making possible programming that would not otherwise be affordable. We will also be adding locks to the Fitness Center doors (just like the Pool) that will require you to use your room key in order to get in. All of this is part of our ongoing efforts to continually balance the need to be flexible to accommodate individual needs without being so open that unexpected problems are created. On an unrelated note Mike will be draining the pool at a time still to be announced – We will let you know when as soon as we know!

YIPES STRIPES!!!!



What was that strange machine that was here the other day? That was Mike Lavasseur who refreshed some of our parking lot lines. He has a great eye and runs that spray painter with no wasted movement. Keeping things looking as good or better than new is an ongoing battle and is often times a matter of doing many little things and not just big things.

WHO CARES ABOUT EXHAUST HOODS?

Located on the side of building facing the entrance are two exhaust hoods. Once upon a time they were painted – but paint on aluminum is somewhat of a temporary fix for how to improve our exterior appearance and our first impression. Mike came up with a solution I had never heard of before --- He added vinyl siding to match and it looks great! Actually you hardly notice the vents at all – which is the goal! Thank You Mike!



AUTOMATIC WITHDRAWAL CAN BE A GOOD THING!

Did you know that it is both easy and free to have your monthly payments to us made automatically? You still get full statements -- but you don't have to write a check! A wonderful way to make things more simple for you and for us. Please see Courtney for all the details!

KURTS KORNER.....

Friday October 7th: OKTOBERFEST

Wednesday October 12th: Pizza Nihgt

Friday October 21st: Bistro Night



OKTOBERFEST UPDATE.....

On Friday October 7th you have your choice of 11:30 to 1:30 in the Bistro and from 5:30 to 7p in the Terrace Dining Room. Complimentary glass of German Beverage with every German Plate! You will find Sauerbraten, Bratwurst, Knockwurst, Wiener Schnitzel, Sauerkraut, and Spatzle. Although Lederhosen is optional Reservations are recommended!

Assorted Dining Notes.....

Pre-Paid Dining: Did you know that if you pre-pay for an additional \$1,500 in means in Oct/Nov/Dec that not only will it earn you \$75 in free meals but it will release you from needing to buy \$1,000 in January. At MBCC the more you buy the more you save – up to 9%!

Reservation Consideration: Did you know that Kurt sometimes has to decline reservations when things are busy and that sometimes those who have made reservations or who have standing reservations do not cancel and do not show? We know that things can come up at the last minute that mean cancelling a reservation --- but we do ask that you call the kitchen as soon as you know.

What's a Plating Charge: That is what my wife Carrie and I pay every time we go out to eat and split a meal in order to keep both of us somewhere close to our diet. We get charged an extra 'plating' fee which is ok and still results in our getting a bargain. Did you know that a full third of the cost of your meal is the service component and that one third is the raw cost of the food items used? For those of you with small appetites you have strategic options: To split a dish and incur the charge ---- or to order own serving and take part of it home doggy bag style. There is no right or wrong choice – just different choices.

BOOK CLUB NOTES: COMING ATTRACTIONS!

“BAY BOOKENDS” is the name of the MBCC Literary Group that will gather next on Tuesday October 4th at 2p in our sitting area without name that is next to the Library. This will be an opportunity to discuss books that have been read over the summer and to make suggestions for books to ‘cozy up’ with for the winter months. “Meet you there!” *Marjorie Maher*

LEARN TO BEAD HERE!!!! COMING SOON TO MBCC!!!



With special thanks to our own Pat Morten who has made all the arrangements the Lakes Region’s Queen of Beading – Susan Vachon of BELLA BEADS of Center Harbor will be conducting classes here starting on Monday October 24th. This is a great opportunity to learn a new craft and to even begin thinking about making some Holiday presents! Susan will be providing all the materials and is donating her time as instructor as her gift to the community!

All the supplies that you need will be available for purchase.

We already have 7 Members who have signed up leaving room for only 1 more! Classes will be held twice on Month on Mondays from 1 to 3:30p. At her Shop Susan charges \$20 a class so that what she is offering us for ‘Free’ is quite remarkable and makes it an opportunity that you should not pass up! Sign up with either Pat or Naella --- and soon!

Note: Last Week I made an error in what reported that Susan charges for classes in her Shop – the correct figure is \$20! My apologies! Additional classes will be held on November 14th & 28th along with December 12th.

ON THE RADIO.....



Joining me on the radio this past week were Carol Pierce, Chair of the Laconia Human Relations Commttee and Bob Champlain, Superintendent of Schools. Both were lending their support to a forum to be held next week entitled: "From Tolerance to Inclusion" Tuesday Oct 4 from 6-8p at the Laconia Middle School and on Wed Oct 5 from 6-8:30 at the Lakes Region Community College. Both noted that while we have come a long ways – that there is still more to do!

EMERGENCY MEDICAL INFORMATION MAGNETS!

Every Club Member should have on his/her Refrigerator a magnetic holder that contains all your essential medical information. If you don't have the holder or completed medical information – please check in with Naella so that we can get you all set up. If you haven't looked at in over a year – now is a good time to check to see that all your information is current – and (if you agree) to let Naella make a copy for our files. It is all easy and free ----- and very important!



CLOSING NOTES.....

WINE TASTING FRIDAY OCTOBER 14TH AT 4PM: Save the Date! I don't know any of the details yet but I do understand that Christie is coordinating it!

MISSING FROM THE INN: One Polar Bear, answers to the name 'Little Bear'. Last known location: Guarding a Member's door. About 7 inches tall. He is very much missed. Your help in returning him will be greatly appreciated!

VISITING NURSES OF MEREDITH & CENTER HARBOR RIBBON CUTTING.....
Friday October 14th at 4p at their New Building

MAH JONGG: Reconvenes on Thursday October 6th at 2p in The TAVERN
New Players are Welcome! Why not find out what it is all about!

WE ARE GETTING ORGANIZED: Mike has found a reasonable compromise between the Architects outrageously expensive solution and our present lack of organization. I'm not sure of the details but it involves a modified rack system. While there will be a cost involved it will be significantly less than what was originally planned prior to our opening. More details as they become available – but it is never too early to be taking a look at what you do have in storage and whether you need to keep it in storage.....



This & That: The Photo Post Cards have been delayed but not forgotten. Hope you saw Chronicle last Friday night --- thank you to Diane for making that all happen. A great time and great publicity.

Have a Great Weekend!

Howie

